



# Timings of the School Day



## Lower School (Pre-prep – Years R-2)

The following information is the basic timings for the school day. There are some exceptions to this which are detailed below.

<b>Gates Open</b>	8:00-8:30	<b>Games Afternoons</b>	
<b>Registration</b>	8:30-8:40	Monday	Year 5 & 6
<b>Core Skills</b>	8:40-9:00	Tuesday	Year 10 & 11
<b>Period 1 (Core Lesson)</b>	9:00-10:20	Wednesday	N/A
<b>Break</b>	10:20-10:40	Thursday	Years 7,8 & 9
<b>Period 2 (Core Lesson)</b>	10:40-12:00	Friday	Years 3 & 4
<b>Lunch</b>	12:00-13:30		
<b>Registration</b>	13:30-13:35		
<b>Thematics</b>	13:35-15:30		

Each day, from 15:30 – 16:30, extra-curricular clubs are offered. In addition, on a Games day, the school day is extended for those pupils until 16:30. Please see the above chart for the days when different years groups are on Games sessions until 16:30.

The curriculum for Lower School is flexible between year groups to allow for a bespoke curriculum which best fits the pupils in those year groups. In some years, Core Skills is replaced by dedicated PSHEE and R.S sessions.

English and Mathematics are, where practicable, delivered during Period 1 and Period 2 (this is why those lessons are one hour). The wider curriculum (including Science, Thematics and Games) is delivered between periods 3-6.

Lower School assemblies for Nursery, Reception and Years 1 & 2 are held each Friday from 8:40am – 9:00am. Assemblies for Years 3-5 are held on Mondays from 8:40am -9:00am. The last Friday of each half-term there is a Performance and Presentation assembly for Nursery – Year 5.



# ARNOLD LODGE

## Lower School (Prep – Years 3-5)

The following information is the basic timings for the school day. There are some exceptions to this which are detailed below.

<b>Gates Open</b>	8:00-8:30
<b>Registration</b>	8:30-8:40
<b>Core Skills</b>	8:40-9:00
<b>Period 1 (Core Lesson)</b>	9:00-10:00
<b>Break</b>	10:00-10:20
<b>Period 2 (Core Lesson)</b>	10:20-11:20
<b>Period 3</b>	11:20-12:00
<b>Period 4</b>	12:00-12:40
<b>Lunch</b>	12:40-13:40
<b>Registration</b>	13:40-13:50
<b>Core Skills</b>	13:50-14:10
<b>Period 5 (Thematics)</b>	14:10-15:30
<b>Extra-Curricular / Games</b>	15:30-16:30

Games Afternoons	
Monday	Year 5 & 6
Tuesday	Year 10 & 11
Wednesday	N/A
Thursday	Years 7,8 & 9
Friday	Years 3 & 4

Each day, from 15:30 – 16:30, extra-curricular clubs are offered. In addition, on a Games day, the school day is extended for those pupils until 16:30. Please see the above chart for the days when different years groups are on Games sessions until 16:30.

The curriculum for Lower School is flexible between year groups to allow for a bespoke curriculum which best fits the pupils in those year groups. In some years, Core Skills is replaced by dedicated PSHEE and R.S sessions.

English and Mathematics are, where practicable, delivered during Period 1 and Period 2 (this is why those lessons are one hour). The wider curriculum (including Science, Thematics and Games) is delivered between periods 3-6.

Lower School assemblies for Nursery, Reception and Years 1 & 2 are held each Friday from 8:40am – 9:00am. Assemblies for Years 3-5 are held on Mondays from 8:40am -9:00am. The last Friday of each half-term there is a Performance and Presentation assembly for Nursery – Year 5.



## Senior School (Years 6-13)

The following information is the basic timings for the school day. There are some exceptions to this which are detailed below.

<b>Gates Open</b>	8:00-8:30
<b>Registration</b>	8:30-8:40
<b>Period 1</b>	8:40-9:20
<b>Period 2</b>	9:20-10:00
<b>Break</b>	10:00-10:20
<b>Period 3</b>	10:20-11:00
<b>Period 4</b>	11:00-11:40
<b>Period 5</b>	11:40-12:20
<b>Period 6</b>	12:20-13:00
<b>Lunch</b>	13:00-14:00
<b>Registration</b>	14:00-14:10
<b>Period 7</b>	14:10-14:50
<b>Period 8</b>	14:50-15:30
<b>Extra-Curricular / Games</b>	15:30-16:30

Games Afternoons	
Monday	Year 5 & 6
Tuesday	Year 9,10 & 11
Wednesday	N/A
Thursday	Years 7,8 & 9
Friday	Years 3 & 4

Each day, from 15:30 – 16:30, extra-curricular clubs are offered. In addition, on a Games day, the school day is extended for those pupils until 16:30. Please see the above chart for the days when different years groups are on Games sessions until 16:30.

### Form Times (including PSHEE and Assemblies)

On a Friday, Periods 7 and 8 are dedicated to Senior School Assemblies and **at least** 40 minutes of Form Time. During the Form Time, the PSHEE curriculum will be delivered. P

During Period 8, pupils will attend a Senior School Assembly.

On occasion, this session will be used to support cross-curricular projects or to deliver 'special' sessions covering Spiritual, Moral, Social and Cultural Development of pupils.