



ARNOLD LODGE

**Juniors**

**ExEn Programme**

**Autumn Term 2024**



The ALS ExEn programme provides opportunities for pupils from Reception to Year 13 to learn beyond the classroom.

## **BOOKINGS:**

To make a booking at one of the sessions, please book through Evolve for your chosen club.

Please note: Any clubs that are limited to a set number of attendees will be allocated on a first come first serve basis.

## **EXTERNAL SESSIONS:**

Those marked with an \* denotes a session run by an external provider or a session where a charge is applied. Further information can be found in the accompanying letters. If you have any questions, please email Mr Thomas on [cthomas@arnoldlodge.com](mailto:cthomas@arnoldlodge.com).

Please note that ExEn will start on Monday 2nd September and finish on Tuesday 17th December.

## **CONTACT:**

Mr Charley Thomas, Head of Sport & ExEn

Email: [cthomas@arnoldlodge.com](mailto:cthomas@arnoldlodge.com)



# MONDAY

## ECO CLUB

<b>Years?</b>	<b>Rec - Yr 6</b>	<b>When?</b>	<b>Monday 12:20–13:00</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Mr S</b>
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A chance for elected Eco Ambassadors from each year group to meet and work on making their school, and minds, greener.

## VEX ROBOTICS CLUB

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Monday 12:20–13:00</b>	<b>Where?</b>	<b>CML</b>	<b>Teacher</b>	<b>Mrs Kandola- Edwards</b>
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Build and code a robot capable of competing in the world's largest robotics championship.

## CHESS

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Monday 12:20–13:30</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Miss Dodd</b>
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Junior chess club welcomes pupils of all ages and abilities, from complete beginner to Grand Master!! Playing chess helps to develop higher-order thinking skills as it requires critical thinking, problem solving and forward planning. It can also help improve patience and concentration.

## TAG RUGBY

<b>Years?</b>	<b>Yr 4 - Yr 6</b>	<b>When?</b>	<b>Monday 12:20–13:00</b>	<b>Where?</b>	<b>Leamington Cricket Club</b>	<b>Teacher</b>	<b>Mr James</b>
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Are you ready to take your first steps into the best sport out there? Tag-rugby is a fast-moving, non-contact game aimed at developing 'grass roots' rugby skills. We encourage the build up of running and handling skills whilst the ultimate objective is for the children to enjoy themselves. Rugby instils positive values, promotes teamwork, discipline and keeps us fit. Tag Rugby is an all-inclusive game, meaning that it is open to anyone who wants to play regardless of gender or ability. It does not discriminate against age, size or experience and it means that girls and boys are able to play the sport together.

## JUNIOR ORCHESTRA

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Monday 12:20–13:00</b>	<b>Where?</b>	<b>Music Room</b>	<b>Teacher</b>	<b>Miss Nix</b>
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Open to all enthusiastic musicians of any instrument. Join us to come and play together and build your ensemble skills!

## SEASONAL CRAFTS

<b>Years?</b>	<b>Yr 5 - Yr 6</b>	<b>When?</b>	<b>Monday 12:20–13:00</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Miss Williams</b>
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Join us to for a fun and exciting new club for our Upper Juniors to take home handmade seasonal delights.

# MONDAY

## STORY TIME

<b>Years?</b>	<b>Rec</b>	<b>When?</b>	<b>Monday 16:00–16:45</b>	<b>Where?</b>	<b>Reception Classroom</b>	<b>Teacher</b>	<b>Miss Cook</b>
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An opportunity to develop a love for stories. Through the use of drama, role-play and a range of craft activities, children will use story language to retell and share their favourite books with one another.

## CONSTRUCTION

<b>Years?</b>	<b>Yr 1 - Yr 2</b>	<b>When?</b>	<b>Monday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Mrs Joyce</b>
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The children have access to a varied range of construction kits. They work in pairs/small groups with a different kit each week and are set a challenge to complete. This encourages collaborative work, decision making and develops their speaking and listening skills. Fine Motor Skills are also developed, and coordination.

## LEGO CLUB

<b>Years?</b>	<b>Yr 3 - Yr 4</b>	<b>When?</b>	<b>Monday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Miss Holloway</b>
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Lego Masters has come to Arnold Lodge! Each week we will have a theme. Every team of budding engineers will construct the most impressive creation on that theme in a time limit. This club will strengthen fine motor, spatial reasoning and creativity skills!

## REMOTE CONTROL CARS

<b>Years?</b>	<b>Yr 5 - Yr 6</b>	<b>When?</b>	<b>Monday 16:00–16:45</b>	<b>Where?</b>	<b>Juniors Playground</b>	<b>Teacher</b>	<b>Mr James</b>
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Mr James is at the wheel for this exciting new club! Remote controls that can travel at high speeds will be put through their paces on the playground.

## LIFE SKILLS

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Monday 16:00–16:45</b>	<b>Where?</b>	<b>Juniors Playground</b>	<b>Teacher</b>	<b>Miss Burcham</b>
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A opportunity to practice some of those day to day tasks from tying your shoe laces for our younger pupils to learning about the meaning of money and day to day activities.

# TUESDAY

## BOOK CLUB

<b>Years?</b>	<b>Yr 3 - Yr 4</b>	<b>When?</b>	<b>Tuesday 12:20–13:00</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Mrs Tester</b>
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Join us for a weekly meeting to discuss your favourite books and your best reads. You can discuss the stories with friends and talk about emerging themes, styles and authors.

## FELT WOODLAND CREATURES

<b>Years?</b>	<b>Yr 5 - Yr 6</b>	<b>When?</b>	<b>Tuesday 12:20–13:00</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Miss Triassi</b>
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A chance to make and design your own felt woodland creatives and work on your needlework skills. Get those creative head caps on and join us for a fun Tuesday lunchtime to get creative.

## NETBALL

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Tuesday 16:00–16:45</b>	<b>Where?</b>	<b>Juniors Playground</b>	<b>Teacher</b>	<b>Miss Cooper</b>
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A fun and physical session aimed to develop core skills necessary for playing netball. As the pupils develop in confidence sessions will move onto using these skill effectively in games.

## SPORTS SKILLS & GAMES

<b>Years?</b>	<b>Yr 1 - Yr 2</b>	<b>When?</b>	<b>Tuesday 16:00–16:45</b>	<b>Where?</b>	<b>Juniors Playground</b>	<b>Teacher</b>	<b>Miss McTernan</b>
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Children will have the opportunity to play different games, practice a wide range of skills and experience a range of sports. A great way from children to work on their gross motor skills and discovering new sports.

## ARTS & CRAFTS CLUB

<b>Years?</b>	<b>Yr 1 - Yr 2</b>	<b>When?</b>	<b>Tuesday 16:00–16:45</b>	<b>Where?</b>	<b>Reception Classroom</b>	<b>Teacher</b>	<b>Miss Emmerson / Miss Ellis</b>
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An opportunity to be creative with crayons, scissors, glitter and glue! Craft club gives children time to take part in fun craft activities with their friends, while enhancing their fine motor and problems solving skills.

## GYMNASTICS CLUB

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Tuesday 16:00–16:45</b>	<b>Where?</b>	<b>Church Hall</b>	<b>Teacher</b>	<b>Mr Hawkins &amp; Mr Thomas</b>
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Gymnastics club is an opportunity to develop your skills on a range of apparatus. From performing routines, fun on the airtracks, team balances and vaulting, there's plenty of fun to be had.

## HOMEWORK & READING CLUB

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Tuesday 16:00–16:45</b>	<b>Where?</b>	<b>Juniors Classroom</b>	<b>Teacher</b>	<b>Electives</b>
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An opportunity to catch up on homework.

# WEDNESDAY

## ISA DESIGN COMPETITION PREP

<b>Years?</b>	<b>Yr 3 - Yr 4</b>	<b>When?</b>	<b>Wednesday 12:20–13:00</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Miss Williams</b>
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Much needed preparation time for pupils to get ready for the big ISA Design Competition! Come along and vie for a place in the team!

## KARATE\*

<b>Years?</b>	<b>Yr 2 - Yr 11</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>Hall</b>	<b>Teacher</b>	<b>External</b>
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Through the discipline of Tang Soo Do (a Korean martial art with roots into the Japanese arts) pupils learn to develop movement, kicking and defensive techniques. There are 10 Gup grade levels (coloured belts) and 9 Dan grade levels (black belts) with pupils given the opportunity to complete a grade every 3 months.

## MULTI-SPORTS

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Playground</b>	<b>Teacher</b>	<b>Ms McTernan</b>
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Sports games will be on rotation, and will include lots of different sports and activities, depending on numbers. Sessions will mainly be tournament or game-based, with individual skills interwoven throughout. A great chance to come and play different sports!

## PUZZLE CLUB

<b>Years?</b>	<b>Yr 1 - Yr 2</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Mrs Farrington- Smith</b>
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We will be playing lots of fun and exciting games, working on turn taking and problem solving skills.

## BOARD GAME CLUB

<b>Years?</b>	<b>Yr 3 - Yr 4</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>Science</b>	<b>Teacher</b>	<b>Mr Downes</b>
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An opportunity to come along and pitch your boardgame skills against your peers. Lots of different games are waiting to be played ... and potentially won in some friendly competition.

## CREATIVE WRITING

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>Year 6S Classroom</b>	<b>Teacher</b>	<b>Mr Smart</b>
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A great opportunity for children to practise and improve their creative writing skills using a wide range of ideas and inspiration.

## HORRIBLE HISTORIES

<b>Years?</b>	<b>Yr 5 - Yr 8</b>	<b>When?</b>	<b>Wednesday 16:15–17:15</b>	<b>Where?</b>	<b>A15</b>	<b>Teacher</b>	<b>Ms Smith</b>
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"Horrible Histories" where we will watch an episode and then explore the truth behind some of the most interesting stories. The club provides an opportunity for pupils to delve into the parts of history they find most fascinating.

# WEDNESDAY

## ROBOTICS

<b>Years?</b>	<b>Yr 5 - Yr 6</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>CML</b>	<b>Teacher</b>	<b>Mrs Kandola-Edwards</b>
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Build and code a robot capable of competing in the world's largest robotics championship.

## EVEREST CLUB

<b>Years?</b>	<b>Invite Only</b>	<b>When?</b>	<b>Wednesday 16:00 –16:45</b>	<b>Where?</b>	<b>Upper Juniors Classroom</b>	<b>Teacher</b>	<b>Mr James / Miss Dodd</b>
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Selected pupils will work on projects to extend learning, with different themes and specialist teachers throughout the term.

# THURSDAY

## BOOK CLUB

<b>Years?</b>	<b>Yr 5 - Yr 6</b>	<b>When?</b>	<b>Thursday 12:20 - 13:00</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Mr Smart</b>
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A chance for pupils to settle down and read some fantastic books, discuss and review them, and recommend to others.

## JUNIOR FENCING\*

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Thursday 16:00–16:45</b>	<b>Where?</b>	<b>School Hall</b>	<b>Teacher</b>	<b>External*</b>
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Fencing is a fantastic sport that allows pupils expand pent up energy in a safe environment. Movement, coordination, sportsmanship, courage and perseverance are developed through the foil and sabre discipline.

# THURSDAY

## MUSIC CLUB

<b>Years?</b>	<b>Yr 1 - Yr 2</b>	<b>When?</b>	<b>Thursday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Miss Patterson</b>
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A chance for our younger music lovers to come together and give different instruments a try in a fun and relaxed environment.

## COMPUTING

<b>Years?</b>	<b>Yr 1 - 2</b>	<b>When?</b>	<b>Thursday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Mrs Taylor</b>
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An opportunity to develop computing skills.

## FOOTBALL

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Thursday 16:00 –16:45</b>	<b>Where?</b>	<b>Junior Playground</b>	<b>Teacher</b>	<b>Mr Pye</b>
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Junior football club is a chance for pupils in Y3 & Y4 of all ability to learn new football skills, and apply them in game-like situations. Geared towards enjoyment and improvement, this will be a fun club for all!

## DEBATING CLUB

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Thursday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Miss Vraitch</b>
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Learn how to structure your points of view on current topics and join us to debate your opinions with your peers.

## INFENTO CLUB

<b>Years?</b>	<b>Yr 5 - Yr 6</b>	<b>When?</b>	<b>Thursday 16:00–16:45</b>	<b>Where?</b>	<b>Science</b>	<b>Teacher</b>	<b>Dr Baker</b>
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An opportunity to enhance your engineering and DIY skills to take pieces and make structures such as scooters, skateboards and bikes.



# FRIDAY

## JUNIOR CHOIR

Years?	Yr 3 - Yr 6	When?	Friday 12:20–13:00	Where?	Music Room	Teacher	Miss Crisp
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Choir welcomes pupils of all singing abilities. Pupils will learn how to sing together in unison and in harmony, and will work towards performances throughout the year including the Carol Service. Singing helps to develop pupils' confidence, concentration and well-being, and is a wonderful way for pupils to work together with pupils in other year groups.

## ADDITIONAL INFORMATION

### EXTERNAL SESSIONS:

Those marked with an \* denotes a session run by an external provider or that may incur an additional charge. Please see the accompanying letters for details of the external sessions:

- **FENCING:** KK Fencing Club
- **KARATE:** Association of Traditional Martial Arts

