

Monday 22nd February to Sunday 7th March

Every fortnight a set of optional projects, tasks and skills will be released which I hope you, with peers and family, will be interested and encouraged to undertake some/all at your leisure.

Please do submit work or evidence of completion of these to me <u>tgear@arnoldllodge.com</u>. Good luck!



Related Subjects: Art and Design, Food



What to do....

A new theme (of your choice) restaurant has opened in Learnington Spa.

Either: Design and compile a well-balanced and exciting a la carte menu.

Or: Prepare and cook a meal from the menu for you and your family.

- How many courses? (starters, mains and desserts)
- Have you considered vegans, vegetarians and other dietary needs?
- Who is your target audience (families, couples etc.)
- Research companies like Café Rouge, Carluccios, Nandos for inspiration



Related Subjects: Art and Design, Photography, English

What to do....

Make a photo diary of you (and/or your family's) lockdown experiences



- What is your "new normal"?
- Do you have a daily routine?
- Can you illustrate how you have maintained physical and mental health and well-being?
- Do you need to add text to explain what is happening or "does a picture paint a thousand words"?



Related Subjects: Music



What to do....

Learn the guitar or ukulele!!

If you already can, can you play bar chords or find an elaborate rock 'n' roll solo to learn!?

- <u>https://www.youtube.com/watch?v=w4a2ge9N31E</u>
- Learn the simple open chords like C, D, A, G, Em as you can play most pop songs involving only these chords
- If you are struggling? Try playing single notes and riffs instead?
- Always play to a metronome to keep in time.



Related Subjects: PE, Biology, PHSEE

What to do....

Take a first aid course.



- <u>https://www.firstaidforfree.com/</u>
- Would you know what to do in an emergency?
- Do you know what equipment should be in a first aid kit?
- Could you progress to more specific training (AED, Epipen)?



Related Subjects: Computer Science, Enrichment, Business Studies



What to do....

iDEA is the digital and enterprise equivalent of The Duke of Edinburgh's Award. Gain digital, enterprise and employability skills by completing a series of online challenges, win career-enhancing badges, unlock new opportunities and, ultimately, gain industry-recognised awards that help you stand out from the crowd.

- Sign up (or log in and continue your badges) and get started here: <u>https://idea.org.uk/x/ALS2020</u>
- Discover talents you didn't know you had!
- Email Mrs Badham for more information: <u>cbadham@arnoldlodge.com</u>
- This award looks great on applications to universities etc.



Related Subjects: All

What to do....

Learn how to Touch Type or improve your Touch Typing skills!



- <u>https://www.typingclub.com/</u>
- Build up your ICT Skills and improve your typing speed
- Learn to become familiar to the pattern of the QWERTY keyboard and the structure of the letters; muscle memory alone can also help you remember how to spell
- Skill for life once you learn, you never forget!